

Course Itinerary

SATURDAY, May 21st, 2016

- 8:00AM - Registration & Continental Breakfast
- 8:30AM - Paradigm shift from the way we traditionally think of LBP. All Findings based on clinical data demonstrating a cause<>effect relationship
- 9:00AM - Evaluation
- 10:15AM - Break
- 11:00AM - Subjective Evaluation
- 12:00AM - Lunch
- 1:00PM - Objective Evaluation
- 1:45PM - Break
- 2:00PM - Palpation Lab "iliacs"
- 3:00PM - Introduction to the "Leveling Technique" producing accurate segmental alignment (ASA)
- 4:30PM - Break
- 4:45PM - Q & A's
- 5:00PM - Dismissal

SUNDAY, May 22nd, 2016

- 8:00AM - Review Philosophy of Care and Rationale
- 9:30AM - Break
- 9:45AM - Lab hip hinge and body mechanics
- 11:00AM - Precautions and contraindications for certain exercises
- 12:00PM - Lunch
- 1:00PM - Self-care and self-management / HEP
- 2:45PM - Break
- 3:00 - "Leveling Technique"
- 4:30 - Discussion - Big Picture - Q & A's
- 5:00 - Dismissal

Course Registration

16 CEU (Continuing Education Units)

APTA Members - \$475.00

Non-Members - \$499.00

Registration deadline May 6th 2016.

Late Registration accepted and based on availability - late registration cost is \$499.00

PLEASE MAIL
PAYMENT TO

ABC Physical Therapy
3502 S 12th St., Suite B
Tacoma, WA 98405

Map & Directions to Olympic College



From I-5 North or South

1. Take I-5 to Follow WA-16 W
2. Take exit for WA-3 N to WA-305 N in Poulsbo
3. Take the Washington 305 exit from WA-3 N
4. Turn left onto WA-305 N
5. Continue onto NW Olympic College Way

Olympic College
1000 NW Olympic College Way,
Poulsbo, WA 98370
Room number is OCP 004

Scan the QR code below to navigate via Google Maps.



Proudly Presents

"A Simple Solution to Lower Back Pain"



Saturday, May 21st, 2016

8:00AM - 5:00PM

Sunday, May 22nd, 2016

8:00AM - 5:00PM

Olympic College
1000 NW Olympic College Way,
Poulsbo, WA 98370

Room number is OCP 004

(253) 564-2220

www.abcphysicaltherapy.com